

# Spirit to Matter: Alchemy in the Making

LCB Depot's exhibition & events programme highlights work from different creative practices every month.

This month the focus is on art including 2D, 3D, film and performance with work from our commissioned artist respondents to the open call. Exhibitions and events run from **28<sup>th</sup> October – 22<sup>nd</sup> November 2024**

Find out more [@lcbdepot](https://www.instagram.com/lcbdepot) or at [lcbdepot.co.uk/event/art2024/](https://lcbdepot.co.uk/event/art2024/)



## ***Warrior woman - a triptych***

Pasha Kincaid

In Pasha's own words:

I took a walk in the woods on a windy day,  
when the sky was weeping, and the trees were bowing,  
and I contemplated myself as parent launching my three children into this  
world.

All the pressures,  
the swing to the extreme right,  
the aftermath of Brexit,  
the ravaging of Covid,

the transphobic agenda,  
racism being relentless throughout my life,  
climate change, its rapid impact on the Global South,  
it all seemed so overwhelming and hopeless  
why do we continue to birth our children into this landscape of perpetual  
harm?

I spoke this lament aloud  
breathless on the hill, I called for the world to be led in a different way  
a rejection of patriarchy, a care centred, humane vision to offer renewed  
hope.

In the woods, on that day, I birthed a series of symbols, I drew a pregnant  
woman. I wanted to show her in her power and in her vulnerability.

She walks a tightrope,  
she shoots from a bow and arrow,  
she takes rest and connects to the stars,  
she strives for balance within the chaos of life on Earth.

### **Artist Bio**

Pasha Kincaid is an artist and arts activist who uses autoethnography to weave intergenerational experiences and narratives. Her installations and performances involve participation - in dialogues, in deconstructing oppressions and in human connection.

Pasha also facilitates creativity with marginalised groups of people. Her facilitative practice focuses on agency, activism and co-creativity. A recent graduate from De Montfort University, BA Hons Fine Art, First Class Hons, MA Fine Art, Distinction, she has curated an array of group exhibitions including TRACES, at Attenborough Arts Centre, 2024 and Being Here 2019 and 2020 at the Leicester Gallery and LCB Depot.

[@pashakincaidart](https://www.instagram.com/pashakincaidart)