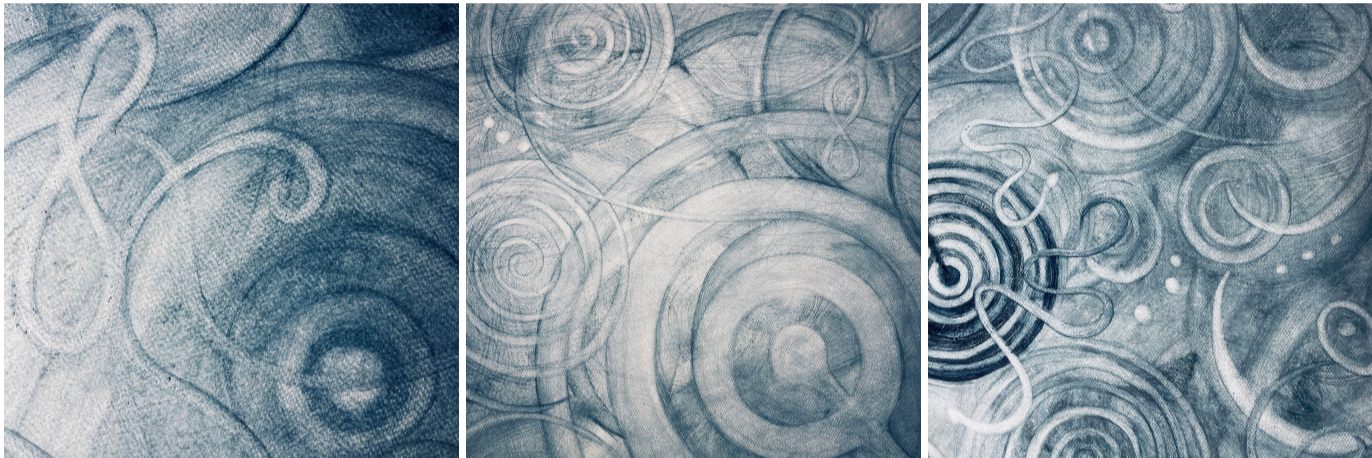


# Spirit to Matter: Alchemy in the Making

LCB Depot's exhibition & events programme highlights work from different creative practices every month.

This month the focus is on art including 2D, 3D, film and performance with work from our commissioned artist respondents to the open call. Exhibitions and events run from **28<sup>th</sup> October – 22<sup>nd</sup> November 2024**

Find out more [@lcbdepot](#) or at [lcbdepot.co.uk/event/art2024/](http://lcbdepot.co.uk/event/art2024/)



## ***Ancestral Dreaming***

Louisa Chase

Ancestral Dreaming began as a powerful dream image received whilst living and sleeping for a week in a converted rural church complete with graveyard in the Lincolnshire Wolds (St Andrew's in Panton) in May 2022.

Over the following two years, with the aid of three ancient sacred herbs - Mugwort, Waybread (plantain) and Nettle, this dream image was ritualistically explored through movement, walking the land and drawing and photographing the concentric ring pattern that was the focus of the dream, as well as pilgrimage to ancient landscapes where this form was particularly prevalent, including stone circles, and neolithic rock art sites in Northumberland and Cumbria.

In August 2024 the images began to emerge as a woad painting which seeks to bring these ancient symbols back into consciousness and invites contemplation on our relationship with land, ancestral memory, the sacred, and the illusion of the distinction between past, present and future. Woad itself is transformational to work with, and has medicinal and magical qualities.

## Artist Bio

Louisa Chase is a trans-disciplinary artist living and working in rural North Lincolnshire. She grew up in the Fens and returned to the UK in 2022 after living in Aotearoa (New Zealand) for 18 years.

Louisa integrates her outdoor movement and walking practices with photography, writing, herbal medicine traditions, and painting with earth and plant pigments, often foraged during her walks.

In 2023 she was the recipient of a grant from Arts Council England to explore ways to integrate sustainable creative practice and indigenous knowledge for better health and wellbeing of all species. This remains the focus of her work.

Her writing has been published by The Dark Mountain Project and Wort Journal and her visual work has been selected and exhibited at The New Zealand Academy of Fine Arts, private galleries in Te-Whanganui-a-Tara (Wellington), Project Space + (Lincoln), Decimal Place (Lincoln) and Patience Gallery (online).

[@louisa\\_chase](https://www.instagram.com/louisa_chase)