

Performance 2024

LCB Depot's exhibition & events programme highlights work from different creative practices every month.

In February 2024 the LCB creative programme focuses on Performing Arts with regular matinee performances, as well as our Leicester Comedy Festival programme from Jokes On Us. Find out about the performance times online @lcbdepot or <https://lcbdepot.co.uk/event/performance2024/>



Sound therapy meditation

Meditation4all

This will be a 1 hour sound meditation using instruments such as gongs singing bowls, drums, windchimes and other instruments.

<http://www.meditation4all.co.uk>